

Privacy Policy

At Free . That .Mind , we value your privacy and are committed to protecting your personal information. This Privacy Policy outlines how we collect, use, and safeguard the data you provide when engaging with our services, including events organised through third-party organisations.

1. Information We Collect

We may collect the following types of information:

- Personal details such as name, email address, phone number, and other contact information.
- Payment details where applicable, processed securely by trusted third-party payment providers.
- Information related to your preferences or feedback to help us improve our services.

2. How We Use Your Information

Your information may be used to:

- Provide and manage our services, including organising and confirming event participation.
- Communicate with you about bookings, updates, or changes to events.
- Send you marketing communications about our services, offers, or upcoming events. You can opt-out at any time by following the unsubscribe link in our emails or contacting us directly.
- Improve our services and website functionality.

3. Third-Party Organisations

To deliver high-quality wellbeing events, we collaborate with third-party organisations. Your information may be shared with these organisations only to the extent necessary for event facilitation. We ensure that our partners uphold the same privacy standards.

Please note that while we work diligently to recommend trusted providers, we encourage you to carry out your own research to determine their suitability for your individual needs.

4. Your Rights

You have the right to:

- Access the personal data we hold about you.
- Request corrections to your information if it is inaccurate or incomplete.
- Opt out of marketing communications at any time.

5. Data Security

We take reasonable precautions to protect your data from unauthorised access, alteration, disclosure, or destruction. However, no online transmission is completely secure, and we encourage you to share information with care.

6. Cookies and Tracking


Our website uses cookies to improve user experience. By using our site, you consent to the use of cookies.

7. Updates to This Policy

We may update this Privacy Policy from time to time. The latest version will always be available on our website.

8. Contact Us

If you have any questions about this Privacy Policy or wish to exercise your rights, please contact us at:

 **Email:** info@yourcompany.com

By engaging in our services, you agree to the terms outlined in this Privacy Policy.